



OCTOBER 2008

Isaac Elementary Menu




STUDENT MEALS – No Charge

ADULT MEALS: Breakfast - \$1.50 Lunch - \$2.50

Sept. 29	30	Oct. 1 Early Release	2 Early Release	3 Early Release
PANCAKE & SAUSAGE ON A STICK W/ SYRUP FRUIT OR JUICE	WHOLE GRAIN TOAST AND COLD CEREAL FRUIT OR JUICE	CEREAL BAR AND COLD CEREAL FRUIT OR JUICE	BREAKFAST CHEESE CRISP W/ SALSA FRUIT OR JUICE	BREAKFAST BURRITO W/ SALSA FRUIT OR JUICE
CHILI BEANS W/ BREADSTICK OR HAMBURGER TOSSED SALAD PINEAPPLE TIDBITS	BREADED CHICKEN W/ HOT ROLL OR HAMBURGER POTATOES W/ GRAVY GREEN BEANS CHILLED PEACHES	TURKEY SANDWICH W/ TOPPINGS PRETZELS TOSSED SALAD RAISINS	TUNA SANDWICH POTATO CHIPS VEGGIE DIPPERS FRUIT CUP	HAM & CHEESE SANDWICH GOLD FISH CRACKERS CARROTEENIES BANANA

FALL INTERSESSION OCTOBER 6 - 17

20	21	22	23	24
OATMEAL-TO-GO BAR AND COLD CEREAL FRUIT OR JUICE	PB & J UNCRUSTABLE FRUIT OR JUICE	SCRAMBLED EGGS W/ SALSA WARM TORTILLA HASH BROWNS	PANCAKES W/ SYRUP AND COLD CEREAL FRUIT OR JUICE	BAGEL BAR FRUIT OR JUICE
PEPPERONI PIZZA CALIFORNIA BLEND VEGETABLES APPLESAUCE	TACO SALAD W/ SALSA OR CHICKEN PATTY ON BUN W/ SALAD ORANGE WEDGES "Hugs Not Drugs" COOKIES	CHICKEN PATTY OR FISH PATTY ON BUN W/ TOPPINGS TOSSED SALAD MIXED FRUIT	BEAN TOSTADA W/ SALSA OR CHICKEN PATTY/ BUN SPANISH RICE SEASONED CORN FRESH PEAR	GRILLED CHEESE SANDWICH OR FISH PATTY ON BUN HOMEMADE SOUP PICKLE SPEAR CHILLED PEACHES
27	28	29	30	31 Early Release
BREAKFAST PIZZA FRUIT OR JUICE	BISCUIT W/ SAUSAGE FRUIT OR JUICE	BLUEBERRY MUFFIN AND COLD CEREAL FRUIT OR JUICE	TOAST W/ PEANUT BUTTER & CEREAL FRUIT OR JUICE	HONEY WHEAT BREAKFAST BAR AND COLD CEREAL FRUIT OR JUICE
CORN DOG OR BURRITO POTATO WEDGES PINEAPPLE TIDBITS	TURKEY TACO W/ TOPPINGS OR BURRITO SPANISH RICE CARROTEENIES APPLESAUCE	BAT-SHAPED CHICKEN NUGGETS W/ ROLL OR BURRITO POTATES W/ GRAVY GREEN BEANS CHILLED PEAR	CHEESE CRISP OR BURRITO W/ SALSA PINTO BEANS TOSSED SALAD BANANA	PB&J UNCRUSTABLE  PUMPKIN SEEDS VEGGIE DIPPERS FRUIT



This new product is an excellent source of iron, zinc, essential fatty acids, potassium, copper, vitamin K, magnesium and manganese!

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